

Cedar Catholic Junior High Track Invitational

April 21st 2014

Schedule Of Events

Field events – 2:00

Shot Put ----Girls followed by boys

Long Jump –Girls and Boys will go before Triple Jump

Girls-West Pit, Boys-East Pit

High Jump –Boys followed by Girls

Discus ---Boys followed by Girls

Pole Vault –Girls followed by Boys

Triple Jump –Will follow the Long Jump for Boys and Girls

Girls-West Pit, Boys-East Pit

Running Events –3:30

All races – Girls followed by Boys

100 Meter Hurdles

Girls 30”, Boys 36”

100 Meter Dash

1600 Meter Run

400 Meter Relay

400 Meter Dash

195 Meter Hurdles- Girls 30” Boys 33”

800 Meter Run

200 Meter Dash

1600 Meter Relay